

The Space Between
Yoga Studio and More, 229 John Street, Eganville
info@thespacebetween.ca www.thespacebetween.ca

July, 2018 ~ Weekly Schedule

* **Please directly contact the teacher for prices and registration before going to class.**

* Yoga classes are \$12 drop-in or \$40 for 4 consecutive weeks with the same teacher.

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----------|--------|--|---|--|----------|--------|----------|
| Morning | | | Ongoing 9:30 – 10:30 am, Beg. 10:30 – 11:30 am, Int. 11:30 am – 12, Adv. Tai Chi Janna | July 4 - 25 10 - 11:30 am Hatha Yoga Claire | | | |
| Afternoon | | | | | | | |
| Evening | | July 9 - 30 7 – 8:30 pm Hatha Yoga Claire | July 10 - 31 7 – 8:30 pm Hatha Yoga Claire | | | | |

Yoga Teachers

Claire Lepine, *Hatha Yoga**, *Therapeutic Yoga**, 613-628-1836

* Private Yoga Sessions with Claire by appointment.

Joanne Murray, *Kripalu Hatha Yoga*, 613-553-1109

Other Teachers & Practitioners:

Janna Clarke, *Tai Chi*, 613-735-2193

Newcomers, please call the teacher ahead to register.