The Space Between

Yoga Studio and More, 229 John Street, Eganville

info@thespacebetween.ca

www.thespacebetween.ca

May - June 2017 ~ Weekly Schedule

- * Please directly contact the teacher for prices and registration before going to class.
- * Yoga classes for 90 minutes or more are \$10 drop-in or \$50 for 6 consecutive weeks with the same teacher. Yoga classes under 90 minutes are \$8 drop-in or \$40 for 6 week.

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning			Ongoing 10 – 11:30 am Tai Chi Janna				
Afternoon		May 1 - Jun 5 (no class May 22) 2 - 3:15 pm Restorative Yoga Claire Beginners Welcome					
Evening		May 15, 29, Jun 5 7 – 8 pm Hatha Yoga Claire Beginners Welcome	Ongoing drop in (no class May 23) 6 – 7:45 pm Hatha Yoga Claire Beginners Welcome	Ongoing drop in 6 – 7:45 pm Hatha Yoga Joanne Beginners Welcome	May 4, 11, 25 and Jun 1, 15, 22 7 – 8:30 pm Hatha Yoga Claire Beginners Welcome		

Yoga Teachers

Claire Lepine, *Hatha Yoga, Therapeutic Yoga**, 613-628-1836

* Therapeutic Yoga Private Sessions with Claire by appointment.

Joanne Murray, *Kripalu Hatha Yoga*, 613-333-5534

Other Teachers & Practitioners:

Brian Roche, *Meditation* (register with Marjorie 613-622-7926) **Janna** Clarke, *Tai Chi,* 613-735-2193

Newcomers, please call the teacher ahead to register.