

**The Space Between**  
**Yoga Studio and More, 229 John Street, Eganville**  
[info@thespacebetween.ca](mailto:info@thespacebetween.ca)      [www.thespacebetween.ca](http://www.thespacebetween.ca)

**March 2014 ~ Weekly Schedule**

\* **Please directly contact the teacher for prices and registration before going to class.**

\* Yoga classes 90+ min are \$10 drop-in, \$18 couples or \$50 for 6 consecutive weeks with the same teacher. Yoga classes <90 min, \$8 drop-in or \$40 for 6 weeks.

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning			<b>ongoing</b> 10 – 11:30 am <b>Tai Chi</b> Janna		<b>Ongoing</b> No class Mar 27 10 – 11:45 am <b>Hatha Yoga</b> Claire <i>Beginners Welcome</i>		<b>Mar 22 (1 day)</b> 9:30 am – 3 pm Meditation Retreat Brian (pre-register)
Afternoon		<b>ongoing</b> 2 – 3:15 pm <b>Svaroopa®</b> <b>Yoga, Claire</b> <i>gentle, restorative</i>			<b>ongoing</b> 12 – 1 pm <b>Studio Open</b> <b>to Visit</b> Claire		<b>Mar 22 (1 day)</b> 9:30 am – 3 pm Meditation Retreat Brian (pre-register)
Evening		<b>ongoing</b> 6 - 7 pm <b>Tai Chi</b> Dan	<b>ongoing</b> 6 – 7:45 pm <b>Hatha Yoga</b> Claire <i>Beginners Welcome</i>	<b>ongoing</b> 6 – 8 pm <b>Hatha Yoga</b> Joanne	<b>ongoing</b> 6 – 8 pm <b>Sivananda</b> <b>Yoga</b> Patrick & Diane		

**Yoga Teachers**

**Claire** Lepine, *Hatha Yoga, Svaroopa® Yoga*, 613-602-2290

**Diane & Patrick** McHugh, *Sivananda Yoga*, 613-646-7947

**Joanne** Murray, *Kripalu Hatha Yoga*, 613-333-5534

**Other Teachers & Practitioners:**

**Brian** Roche, *Meditation* (register with Marjorie 613-622-7926)

**Janna** Clarke, *Tai Chi*, 613-735-2193

**Dan** Graham, *Tai Chi*, 613-732-9689

**Newcomers, please call the teacher ahead to register.**